

1. Define the stages of "adulthood".
  
2. Around what age do we reach our physical peak?
  
3. What is menopause?
  
4. Explain how sensory abilities change with age.
  
5. How does aging affect a person's health?
  
6. In what ways is the brain's cognitive abilities affected by age?
  
7. How does intelligence change over the aging process?
  
8. What is crystallized intelligence? Give an example:
  
9. What is fluid intelligence? Give an example:
  
10. Can a person counteract the aging/deterioration of cognitive ability?
  
11. Is there psychological evidence of a "mid-life crisis"?

12. What is meant by the social clock?

13. How does love and marriage fit into the evolution of humans?

14. What factors have affected the institution of marriage over the years?

15. How do work and happiness relate?

16. How does reported "happiness" change over the aging process?

17. What is *integrity* in relation to death?

18. In what ways do we stay the same as we age?

19. In what ways do we change?